

Family sermon guide

March 29, 2020

Hello Church family,

I hope you were blessed by your time of worship with us *online* this morning. We talked about the importance of being filled and controlled by the Holy Spirit. A Christ follower who is filled and controlled by the Holy Spirit will overflow with joyfulness. I hope you and your family are blessed by God during your time of discussion.

Discussion questions:

1. Read Psalm 37:4. As I shared at the beginning of this year, God wants us to pray and obey this verse this year because God is going to use this verse to challenge us, encourage us and prepare us for what He has in store for us this year. Obviously, we didn't know this pandemic was on the way. Take delight in the Lord means to be glad in the Lord, to rejoice in the Lord, to find our joy, significance and sufficiency in the Lord.

- a. What are some ways we can take delight in the Lord each day?
- b. Why is it so important for us to take delight in the Lord each day?
- c. Why is it difficult to take delight in the Lord at times?
- c. What is one way we can help others to take delight in the Lord?

2. Read Ephesians 5:18. Read Galatians 5:22-23. When we are filled by the Holy Spirit, the Holy Spirit produces the fruit of the Spirit in us. The fruit of the Spirit is supposed to fill us, bless us and flow through us to those around us.

- a. How are we filled by the Holy Spirit? (focus on the importance of our daily surrender to God)
- b. What is one way the fruit of the Spirit in us blesses us?
- c. What is one way the fruit of the Spirit in us helps us bless those God places around us?

3. Read Ephesians 5:19. A Christ follower filled by the Spirit will overflow with joyfulness. Joy is a fruit of the Spirit. Joy is different than happiness. Happiness is based on our circumstances so it comes and goes on a daily basis. Joy is based on our salvation in Christ Jesus so it comes and stays in us. Joy is the sense of well being we have because we know everything is ok between us and God. We are right with God in Christ Jesus.

- a. Have you overflowed with joyfulness recently? Why or why not?
- b. The believer filled by the Spirit will overflow with joyful speech. Take a moment and speak an encouraging word to each of your family members.

c. The believer filled by the Spirit will overflow with joyful song. What is your favorite hymn or praise song? Why is singing and making music in our hearts to God important for us? Take a few moments and worship God together by using the play list provided for you on our website.